

WHAT YOU NEED TO TELL YOUR PRACTITIONER

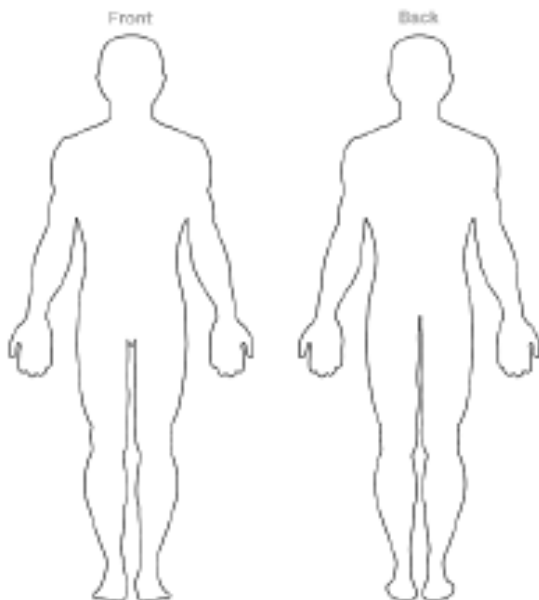
Your Practitioner wants to understand how your skin condition affects you and your lifestyle. Please complete the questions below and list any questions you may want to discuss during your consultation.

WHAT SKIN CONDITION DO YOU HAVE?

HAS THIS DIAGNOSIS BEEN CONFIRMED BY

DOCTOR DERMATOLOGIST

USING THE DIAGRAM BELOW, MARK THE AREAS OF YOUR BODY AFFECTED BY YOUR SKIN CONDITION
 (Complete this if you do not want to have a physical examination)



HOW DO YOU RATE THE SEVERITY OF YOUR CONDITION?

MILD MODERATE SEVERE

WHAT IS THE SEVERITY OF YOUR PAIN?

MILD MODERATE SEVERE

WHAT IS THE SEVERITY OF YOUR ITCH?

MILD MODERATE SEVERE

HOW DOES YOUR CONDITION AFFECT YOUR QUALITY OF LIFE?

- It affects my personal/intimate relationships.
- It affects my job and promotion prospects.
- It interferes with my everyday activities e.g. Sport.
- It affects my overall sense of well-being.
- I feel self-conscious.
- I feel embarrassed.
- I feel angry and upset.
- I feel withdrawn and depressed.

Do you avoid public situations such as swimming or going to the beach? Yes No

Do you avoid public situations such as Restaurants and the movies? Yes No

IN THE PAST HAVE YOU STOPPED YOUR TREATMENT, IF SO WHY (check as many as apply)?

- It did not work.
 - It had side effect – Please Specify
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- It worked for a while and then stopped working.
- It affects my overall sense of well-being.

